



## Self Help Flask In A Book



**Self improvement made easy.**

- 4oz hip-flask concealed inside a 'Self Help Book'.
- Hard-backed, with paper pages and book cloth.
- Space to write a message on the inside cover.
- Stainless Steel flask suitable for engraving.

Stash your drink in a Self Help Book. A tongue-in-cheek gift for friends who need a little self improvement. Fill the flask with the recipient's favourite tippie, or if you really want to push the boat out, nip into your local key cutting shop and get the flask engraved! Design by  
SUCK UK

Designed and made by Suck UK

106 x 148 x 29mm | 0.2Kg

**SUCK UK LTD**

<https://www.suck.uk.com/products/self-help-flask-book/>

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An idea by Suck UK Design Team  
made by Suck UK



Mark E Smith once said "if it's me and your granny on bongos, it's the Fall". It's a lot like that here - if it's Sam & Jude and a revolving team of talented creatives, it's Suck UK. From the inception of the company in 1999 Sam & Jude have been the constant driving creative force, but none of that would be possible without a great team of designers and developers who turn these ideas into something great. Once a Sucker always a Sucker.